



#02-087

TEXAS DEPARTMENT OF HEALTH  
AUSTIN TEXAS  
INTER-OFFICE

**TO:** Regional Directors  
Directors, Local Health Departments  
Directors, Independent WIC Local Agencies  
Director, Office of Public Health Practice

**ATTENTION:** **Breastfeeding Coordinators**

**FROM:** Linda Brumble, Division Director (Original Signed)  
Training and Technical Assistance Division  
Bureau of Nutrition Services

**DATE:** August 16, 2002

**SUBJECT:** Peer Counselor Manuals Now Available From the WIC Warehouse

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The newly revised 2002 edition of *Training Moms to Help Moms, The WIC Breastfeeding Training Manual for Instructors*, stock number 13-140 will be mailed to each local agency sometime during the week of August 23, 2002. This manual is now available from the WIC Materials Warehouse. Please replace all previous versions of this manual with the 2002 update.

In addition *Moms Helping Moms, The WIC Breastfeeding Training Manual for Counselors*, stock number 13-06-11342 is also available and will not be mailed unless you order it. This manual contains the Class 1 thru 5 handouts. When you train Peer Counselors you may order one copy for each counselor trained. This means you will no longer have to copy the Class handouts when you train counselors. Please try to order your counselor's manuals at least 3 weeks in advance in order to receive them by your training date.

Please order these manuals on a WIC Materials Order Form available at [www.tdh.state.tx.us/wichd/gi/materials.pdf](http://www.tdh.state.tx.us/wichd/gi/materials.pdf) and fax your completed order forms to Publications Coordinator, at (512) 458-7446.

If you have any questions or require additional information, please contact Jewell Stremmer, Peer Counselor Coordinator, Bureau of Nutrition Services, at (512) 341-4400, extension 2303# or FAX (512) 341-4422, or [jewell.stremmer@tdh.state.tx.us](mailto:jewell.stremmer@tdh.state.tx.us)